## MAINS

PUBLIK HASH peasant toast topped with choice of protein and a side of crème fraîche. Served with country potatoes & two eggs any style	peasant toast topped with house-made chicken	12	FRENCH TOAST toast dusted with powdered sugar, served with maple syrup & house-made cinnamon butter half portion		
TOAST + GRAVY peasant toast topped with house-made sausage gravy, country potatoes & two eggs any style	PUBLIK BURGER  6 oz burger patty, tomato, butter lettuce, house fry sauce, Amour onion beer jam & american cheese Served with a salad or country potatoes		AVOCADO TOAST avocado, sea salt, black pepper & olive oil  BANANA TOAST	8	
PUBLIK BREAKFAST 11	Served with a saida of country polatices		banana, honey & choice of peanut butter or nutello		
choice of protein, two eggs any style, a piece of	VEGGIE BURGER	13	, , , , , , , , , , , , , , , , , , , ,		
buttered toast & side of Amour jam	Impossible patty, tomato, butter lettuce, onion beer jam & vegenaise. Served with a salad or		PUBLIK HOUSE-MADE GRANOLA granola & a drizzle of honey served with		
BREAKFAST SANDWICH 12 choice of protein, one egg, topped with pickled	country potatoes		greek yogurt or milk		
onions & onion beer jam on a bun. Served with a	VEGGIE TOAST	10	SIDES		
salad or country potatoes	house-made hummus & seasonal veggies.		<u> </u>		
	Served with a salad or country potatoes		bacon <b>3</b> side of fruit	3	
BURRITO 12			sausage 3 country potatoes	3	
flour tortilla filled with your choice of protein,		10	Impossible sausage 4 side salad	3	
two eggs, cheese, country potatoes & spicy	herbed quinoa with tomato, cucumber, crunchy		avocado 3 side of gravy	3	

**TOFU RANCHEROS** 

tofu scramble, avocado, corn tortillas & ranchero sauce

avocado salsa verde. Served with a salad

B.L.T. 12

smothered with house ranchero & cheese 2.5

thick cut bacon, butter lettuce, mayo & Amour tomato jam on toast. Served with a salad or country potatoes

herbed quinoa with tomato, cucumber, crunchy chickpeas, feta, spiced almonds & a preserved lemon vinaigrette

add roasted chicken 3

9

## SIMPLE SALAD

13

heritage greens, avocado, seasonal veggies, toast crouton, sundried tomatoes, crunchy chickpeas, pickled onions & a preserved lemon vinaigrette add chicken salad 4 / add roasted chicken 3

bacon	3	side of fruit	3
sausage	3	country potatoes	3
Impossible sausage	4	side salad	3
avocado	3	side of gravy	3
chicken salad	4	crème fraîche	1
one egg	1.5	spicy avo salsa verde	<b>1</b>
buttered toast	2	Amour Spreads jam	2
roasted chicken	3		

<sup>\*</sup>consuming raw or undercooked meats, poultry, dairy or eggs can lead to increased risk of foodborne illness

